



Kardia Formation Pty Ltd  
ACN 605 753 544  
PO Box 884 Mornington 3931  
enquiries@kardia.com.au  
www.kardia.org.au

**Eight-day Retreat Application Form**  
**Aging with Wisdom and Grace**  
(Confidential)

Could you please return the completed form by email to:  
[enquiries@kardia.com.au](mailto:enquiries@kardia.com.au)

Dr Marlene Marburg PhD or Dr Bernadette Miles PhD  
Kardia Formation Pty Ltd (ACN 605 753 544)

At Kardia, all spiritual directors are trained and accredited through programs recognised by the Australian Ecumenical Council for Spiritual Direction. Your group facilitator is a spiritual director who will accompany you and will listen attentively to your sharing and will refrain from advising.

The cost of the retreat is \$395 AUD. You will need to obtain a copy of the book, *Aging with Wisdom and Grace*, Wilkie Au and Noreen Cannon Au, Paulist Press, 2020 which is available through most booksellers in either paperback or kindle version.

I am applying to join the eight-day retreat with eight days of group sharing: .....

I will be silent during this retreat except for my participation in the sharing group: .....

I would like ..... (number) of individual spiritual direction sessions (as well as the 5 group sessions) at \$85 AUD per session by arrangement

I prefer morning/afternoon/evening (please circle) for my group meetings.

Dates of Retreat 13 – 20 October 2025 (Australian dates/times)

Family Name : ..... First Name:.....

Address : .....

State : ..... Postcode :.....

Telephone ..... Mob).....

Email : .....

Would you mind sharing something with us about your spiritual journey and why now seems to be a good time to have a retreat.

Thank you for your application. We will contact you as necessary.